

Meadowbrook Family Practice Prenatal and Obstetrical Care

This information sheet is intended to clarify the type of prenatal and obstetrical care we provide for pregnant women within Meadowbrook Family Practice. If you feel this style of practice is not right for you, or, you would prefer to deliver at a different hospital, please bring this up in discussion as early as possible in your pregnancy with your regular family physician so we can help direct you to the appropriate maternity care provider.

Practice Style

- We are part of a maternity group called **Primary Care Obstetrical Clinic (PCOC)**
- We deliver out of the **Royal Columbian Hospital**
- You will be followed by your regular family physician from conception to 20 weeks gestational age
- After 20 weeks, your pregnancy will be followed by **Dr. Patricia Gabriel**, or **Dr. Katrina Low**
- For labour/delivery, or any issues that require assessment at the hospital, you will be assessed by the on call physician for the Primary Care Obstetrical Clinic group
- Our team has both **male and female physicians**, which means a male physician could be on duty if you go into the hospital and require a pelvic exam OR when you go into labour.
- Patients not comfortable being assessed by a male physician will need to find alternative prenatal/obstetrical care.

After Hours and Urgent Care

- Our physicians at PCOC work as a team and take turns being on call for urgent matters and patient concerns.
- One physician is on call at a time, and there is no guarantee that the physician you regularly see in clinic will be the physician working when you are in labour.
- **If you have an urgent obstetrical matter, and are greater than 20 weeks gestational age, you may call Labour and Delivery at 604-520-4586 after office hours.**

After Delivery Care

- Your postpartum care will be returned to your regular family doctor
- Newborn babies will be seen by your family doctor by one week of age

Additional Resources

- All patients, regardless of your maternity care provider, should register: <https://bestbeginnings.fraserhealth.ca/default.aspx>
 - This will connect you with public health once you have delivered your baby. As well, they will send you pregnancy resources in the mail.
- Please browse the prenatal section of our website: www.meadowbrookfamilypractice.com
 - for additional resources and information relevant to your pregnancy